



Certificate  
Training  
Programs

Medical **Qigong**

[www.itmworld.org](http://www.itmworld.org)

A close-up photograph of a hand holding a brush, writing Chinese calligraphy on aged, textured paper. The brush is in the upper right, and the ink strokes are visible on the paper. The background is slightly blurred, showing more calligraphy.

## Certificates

Medical Qigong Educator (M.Q.E): 1 Year Training  
Medical Qigong Therapist (M.Q.T.): 2 Year Training  
Medical Qigong Trainer (M.Q.MT): 3 Year Training

## SCHEDULE

Year I: 4 Weekends plus additional practice sessions  
Year II: 4 weekends plus additional practice/case studies  
Year III: 4 weekends plus additional teaching hours



A hand is shown reaching out from the right side of the frame, palm facing forward. The hand and fingers are illuminated with a bright, golden-yellow light, creating a glowing effect. The background is a dark, textured surface with swirling, ethereal patterns in shades of brown, orange, and gold, suggesting energy or a natural element like smoke or fire. The overall mood is mystical and energetic.

## TUITION

Each Year/Level (4 weekends): \$1000 + HST

Per Module/Weekend: \$300 + HST

## CURRICULUM

Sound and Movement Therapy  
Elemental Therapy  
Organ System Healing  
Channel & Point Therapy  
Six Healing Sounds & Movements  
TCM diagnostic theory  
Classical Taiji form for Healing  
Sitting & Walking Meditation Practice  
Energy Medicine, Qi needles, Qi Projection, Tapping Qigong  
Taoist Inner Anatomy  
Imbalances & Virtues  
Colour Meditation for Self-Healing  
Mantras & Mudras for Healing  
Body Sensing Meditation  
Qigong Breathwork  
Sensing and Clearing Qi Practice  
I-Ching Divination  
Healing Heart Meditation





Medical Qigong Therapy is a form of Chinese Energetic Medicine, and is one of the four foundational schools of Traditional Chinese Medicine. Qi in this context is translated to mean "Life Force Energy" and Gong is translated to mean "Acquired Skill." Medical Qigong therapy and prescriptions combine the use of breathwork with individual physical movements, creative visualization, and perceptual intention. The primary goal is to purge toxic emotions from within the body's tissues, eliminate energetic stagnation's, as well as strengthen and balance the internal organs and energetic fields. This training will concentrate on building a comprehensive foundation for Energetic Medicine with a focus on Medical Qigong Therapy and Chinese Medicine theories. This is a multi-level certification course designed to teach the theory and practical application of Medical Qigong Therapy to health care professionals as well as lay people. Emphasis will be placed on both the analytical/deductive and the intuitive approaches to comprehending and utilizing Medical Qigong Therapy for cultivation, regulation and clinical application. The experiential aspect of the course is well balanced with a solid theoretical foundation.



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